

Full Sleeves Shirt for Men: How to Build a Wardrobe Around Them

A good [full sleeves shirt for men](#) is one of the most utility-friendly clothing pieces you will ever get. It can be worn on its own as a casual piece, serve as a layer underneath your jacket or tracksuit, be used as a workout shirt, or worn on chilly days as an innerwear piece. However, very few people have even one of these shirts in their wardrobe. This guide will teach you how to collect such shirts.

The Case for Building a Full Sleeve Shirt Collection

As opposed to the half sleeve tees which can only be used during warmer weather in Pakistan's colder seasons, the right choice of a full sleeves shirt for men becomes useful in virtually every possible scenario throughout the year. See below why:

- Fall/Winter season: Wearing a thermal/interlock full sleeve tee as a winter base-layer, men depending on underneath a jacket or a tracksuit will increase their body heat without making them too heavy.
- Spring and mild evening: It is a perfect option to wear a regular cotton/Lycra cotton full sleeve tee as your everyday outfit since it covers but does not make one feel bulky.
- Morning runs and outdoor activities in spring and summer mornings and evenings: Quick dry or lightweight cotton full sleeves can be used as a protection from UV radiation during exercise.

In other words, owning 4 to 6 full sleeve shirts will allow you to use them all year round, whether it is a regular tee, a workout top, or a thermal tee as a base layer.

The Four Essential Full Sleeve Shirt Styles

All mens full sleeve tshirts are not the same. Listed here are the four types worth having:

- Quick Dry Crew Neck: For use at the gym or for strenuous activities. Moisture wicking and lightweight in both bright and neutral colors. A must-have long sleeve gym shirt for a regular trainee.
- Interlock Cotton Plain Tee: Versatile and easy-to-wear option. The shirt is slightly heavier than a basic tee, making it more premium. Wear as standalone or as a base layer.
- Raglan Two Tone: To spice up your otherwise plain ensemble. The contrast raglan sleeves make the shirt look sporty and casual, perfect for college and casual outings like going shopping.

- Printed Full Sleeve Shirt: A shirt with graphics or text on it makes for an attention grabber. A current trend in Pakistan's streetwear fashion. Pair it up with neutral bottoms.

Building Your Full Sleeve Shirt Collection: A Practical Approach

However, a practical collection of mens full sleeve tshirts must be made with strategy in mind as opposed to random choice. Here is a sample approach to take:

- 2 x Gym Tees Quick Dry (Black + one colour): All-purpose gym and outdoor sporting requirements taken care of.
- 2 x Plain Interlock Cotton Tees (Grey + Navy or Olive): Casual and layered items covered.
- 1 x Two Tone Raglan: A casual yet sporty option for social situations.
- 1 x Full Sleeve Shirt - Printed: Statement item for those outfits that need to be visually interesting.

The above six-item base ensures that you have coverage from all bases without wardrobe duplication.

Caring for Your Full Sleeve Shirts to Maximise Their Lifespan

A properly taken care of full sleeve shirt will last much longer than a poorly handled one. Some useful care tips include:

- Cold water wash: Hot water destroys the elasticity of the fibers in stretchy fabrics, and it makes cotton shirts shrink. Using cold water maintains the fiber structure.
- Turn shirts inside out before wash: This prevents damaging prints while also avoiding friction on the outer surface of the fabric.
- Do not use fabric softeners on quick-dry fabrics: Softeners build up around the moisture absorbing fabric and make it less effective.
- Allow to air dry: The major reason for shrinkage is tumble drying on high heat.
- Fold casual tees instead of hanging them up: This will prevent distortions of the shoulders over time. Fold tees instead.

Wear To Fit's range of full sleeve shirts include quick dry shirts, interlock cotton plains, raglan two tones, and back prints tees among others.

Conclusion

The mens full sleeve shirts are much more than just seasonal clothing. Depending on the style and fabric of these full sleeve shirts, [mens full sleeve tshirts](#) can be used in all four seasons of the year for different purposes – as workout clothing, as an inner layer under outer clothes, as standalone clothing, and as a statement piece. You will have to plan and select the mens full sleeve shirts wisely to ensure maximum utilization. We make this process very easy at Wear To Fit.

FAQ's

1: How many full sleeve shirts should a man own?

Four to six shirts at least would be necessary here to cover your needs from using the gym to normal wear. Quick-dry tees for the gym and interlock/cotton t-shirts for everyday use will allow you to have enough variety.

2: Can a full sleeve shirt be worn as a base layer in winter?

Yes, because this is one of the most effective ways to use the sleeveless t-shirt. A thin-fit sleeveless t-shirt as an undergarment will give your body warmth without increasing its size.

3: What is the best full sleeve shirt for printed graphic designs?

Interlock cotton will be the most suitable material for wearing full-sleeve t-shirts printed with something. It allows you to preserve the print quality much longer than quick-dry polyester.

4: Are raglan shirts good for everyday casual wear?

Yes, because raglan shirts are extremely versatile clothes. In combination with the unique design with a two-toned sleeve, they become an excellent addition to any casual outfit.